

**STEERING COMMITTEE
FOR THE
AGE FRIENDLY SOCIETY OF THE SOUTH CARIBOO**

Interested in a South Cariboo that supports and sustains healthy active living in an Age-Friendly way? Age Friendly Society of the South Cariboo is seeking volunteers to participate as members of our Steering Committee. You will join a diverse, innovative and enthusiastic group of individuals in development and implementation of various events and initiatives throughout the South Cariboo. Steering committee members work in collaboration with the Board of Directors and various community groups.

Our success is built upon a Steering Committee that represents the various geographical areas within the South Cariboo. Age Friendly Society of the South Cariboo provides a locally driven participatory approach to establishing policies, services and structures within the South Cariboo that will help seniors live safely, enjoy good health and stay involved in their communities. *Age Friendly Society is also inviting each community within the South Cariboo to identify representatives to participate on the steering committee. This will ensure an exchange of knowledge, vision and priorities unique to your area thereby fully representing important issues facing seniors.*

Areas of concerns to seniors and elders of the South Cariboo have been identified as Communication, Transportation, Housing, Advocacy, Access to Healthcare, Food and Nutrition, and Active Living. Steering Committee membership is open to anyone who wishes to champion vibrant, caring and healthy communities. We also welcome those with life or work experience expertise in areas like social media, accounting, communication, event planning and others. The Steering Committee meets monthly to review the various issues and, by using a coordinated approach between local government, citizens, service providers, local businesses and community organizations, is attempting to make the South Cariboo a more Age Friendly community.

Please come out and share your ideas and experiences, be part of a caring and responsive society while contributing to ensuring seniors and elders enjoy a safe, healthy and active life style while aging in place in the South Cariboo!

Contact Lea Smirfitt at 250 791 6406 or Barbara Perrey 250 395 0167 for more information. Steering committee meetings are usually held monthly (except over the summer months) at the South Cariboo Rec Centre (Lion's Den room) in 100 Mile House.